



The Presidents Corner	Chapter AGM
<p><i>From the President</i></p> <p>What a great meeting! For those that made it to our AGM, thanks so much for attending! This was my first AGM to run, so it was an experience - thanks to Sue for keeping me on the straight and narrow (past presidents are great for that!) I want to highlight a few things about our chapter from the meeting.</p> <p>First, the budget! We don't have final financial figures for the 2005-06 fiscal year yet, but it's safe to say that we exceeded our budgeted revenue. Our budget is our promise to National for funds that they allocate to research projects, so it's vitally important that we make it. Our chapter has never been one to just "make" the budget and this year was no exception - we nicely exceeded our budget. A huge thank-you to everyone who worked so hard to help raise those funds - together, we will beat this.</p> <p>Second, new board members! We are so excited to welcome Blain Davis as our new VP of Publicity and Promotion, and Patti Magnan as a new Director at Large. In January, we also welcomed Julie Hornig as a new Director at Large. Congratulations to our three new board members - they will add a great dynamic to our chapter! And finally, my favorite part of the meeting was the award presentations. We recognized Matthew, Jane, Gerry and Sue for their continuous contribution and on-going support - four outstanding people! It was truly my honor to present all these awards this year.</p> <p>Now it is time to look towards the next year. We have many new things on the go already and are looking forward to another banner year. As always, we will take any volunteer time you have to give us - help us make 2006-07 our best year ever!</p> <p><i>Caroline Warren (formerly Van Dorp)</i></p>	<p>The Chapter's Annual General Meeting was held Sunday, March 5, 2006 at the Kinsmen Clubhouse with 47 people in attendance. The meeting opened with guest speaker Dr. Robert Rennie, Ph. D., FCCM, D(ABMM), Divisional Director, Medical Microbiology, Laboratory Medicine and Pathology, University of Alberta Hospitals. He spoke about "Managing antibiotic resistant bacteria in Cystic Fibrosis patients", a topic which parents in attendance found informative and relevant. For those who came from out of town, he made the trip worthwhile.</p> <p>Michelle Thornell, Adult CF Liaison, and Jerry Gordon, Director at Large, outgoing board members, were thanked for their many hours devoted to service on our chapter board. Two new board members were elected, Patti Magnan and Blain Davis. The board is very pleased to welcome Patti and Blain. At the March 7 board meeting, board members were elected to specific positions. Blain is the VP Publicity &amp; Promotion, a position which was vacant in 2005-2006, and Patti is now a Director at Large.</p> <p>The highlight of the meeting was the presentation of awards. Four awards were presented to four individuals for whom the Chapter is very grateful.</p> <ol style="list-style-type: none"> <li><b>Certificate of Appreciation - Gerry Boehm</b> Gerry helped with the National AGM held in Edmonton in 2005, attends all chapter board meetings, and also speaks to Kin meetings on behalf of CF. We do indeed appreciate her.</li> <li><b>Youth Award - Matthew Christiansen</b> At the age of 11, Matthew has already been doing volunteer work for CF for 4 years. Stuffing envelopes and delivering flyers are tasks he has helped with.</li> <li><b>Volunteer of the Year - Jane Filipow</b> Jane has volunteered at many events herself, sometimes on very short notice or at the crack of dawn. She recruits others to help for events as well.</li> <li><b>Ron Moore Award - Sue Zukiwsky</b> A new award, the Ron Moore has been created to recognize someone whose volunteer work for CF illustrates the perseverance, courage, and dedication for which Ron Moore was known in the Edmonton Chapter. Ron's wife Linda and their two children were in attendance to witness the presentation of the award. Sue has served and continues to serve in many ways including ( but definitely not limited to) fundraising committees and the board over a number of years as VP Fundraising, President, and Past President.</li> </ol> <p>Our treasurer Judy Quathammer presented the 2006-2007 budget, a budget which is aggressive and based on high expectations for another very successful year of fundraising. This means we need volunteers for tasks both large and small. Please complete the Volunteer form to indicate how you can help.</p>
<p><b>We Need You</b></p> <p>Did you complete and mail in the Membership/ Volunteer form with the last newsletter? Yes? Great, because we really need both members and volunteers. If not, would you please use the form enclosed this time. The \$20 makes it possible for us to afford the costs of mailing newsletters and other mailouts.</p>	
<p><b>Calling All CF Adults</b></p> <p>Michelle Thornell wrote an item in the last newsletter, an item whose title I borrowed for this one. Michelle served on the Chapter Board as the Adult Liaison for eight years and has now stepped down. The Board is looking for a CF Adult who would be willing to step into this role. If this is something you could do, please re-read Michelle's article in Newsletter Issue 32 for a description of the roles and responsibilities. Then please call Emily at the office (466-2265).</p>	

## Fundraisers

### Hockey Draft of Hope 2006

We are conducting the 18th annual CF Hockey Draft of Hope during this year's NHL Stanley Cup playoffs. This successful fund raising project has raised over \$180,000 and all funds raised in 2006 will be spent in Alberta on CF research.

To help promote the 2006 CF Hockey Draft of Hope, we are contacting past entrants, advertising in the Edmonton Sun and distributing display boxes with entry forms.

We could also use your help in promoting this project but are not asking you to sell tickets. Instead, please distribute the enclosed entry form to others (friends, co-workers, family, etc.) that may be interested in entering our draft. You are certainly welcome to purchase tickets as well. Should you require additional entry forms, either photocopy a blank entry form, contact the CF office or download an entry form from our Website at: [www.cfhockeydraft.shawbiz.ca](http://www.cfhockeydraft.shawbiz.ca). The entry forms and website provide you with more information about the draft.

For the past few years, we have appealed to members to promote this draft and your efforts have resulted in many new entrants. Thanks to everyone for contributing and with your continued support, we are optimistic that the 2006 CF Hockey Draft of Hope will be a sellout. Wouldn't that be great?

### Mums for Moms – May 12-13

For Mother's Day, we will be selling potted mums at four locations in the Edmonton area. Volunteers are needed for this fundraiser. The four locations will be:  
 Save-On Foods in St. Albert – Friday and Saturday  
 Wal-Mart in Sherwood Park – Friday only  
 Canadian Tire, west-end at 178 St. – Friday and Saturday  
 Southgate Mall – Friday and Saturday  
 All four locations need volunteers. Please call Tammy at the office (466-2265) to let her know where you can help.

### Shinerama

Lindy Van Riper and Signy Chow were presented with a congratulatory certificate for the **University of Alberta** students' **20<sup>th</sup> year of participation** in Shinerama in 2005. Congratulations and thank you, U of A students.



Shinerama is the country's most established student-run fundraiser involving students at over 60 university and college campuses in Canada. While it began in 1964 as a shoe shining campaign, it has since grown to include a wide variety of shining and non-shining activities.

Shinerama 2006 is already being planned for the first week of the university calendar in September. And once again, both the University of Alberta Shinerama Club and NAIT's Student Association will be participating.

### Kin Corporate Cup

The Kinsmen Club of Edmonton held their annual Kin Corporate Cup, a hockey tournament fundraiser, on February 17 – 20. The tournament included two divisions, the Elite, and the Regular, and a silent auction was held as well. The event was a complete sell-out, very successful, and a great time was had by all. A portion of the proceeds will be donated to our CF chapter. Thank you Kinsmen for all you do to support CF.

### Motorcycle Run – Ride for the Breath of Life

We are in the midst of planning our first annual Motorbike Run fundraiser. On Saturday, June 24, 2006, our bikers will assemble at the Acheson Husky station at the northwest edge of Edmonton. The trail will wind through secondary and country roads and end at the Falun Community Hall near Pigeon Lake. One of our pre-registered riders, Deb Grey, has given the route her stamp of approval. The day will end with a BBQ and prize presentations. For full details, a registration form,



and pledge sheets, please log on to our website ([www.cfedmonton.ca](http://www.cfedmonton.ca)) or call the office.



As an extension of the Ride as a fundraiser, we are running a raffle for two items, a helmet and a pocketbike. (See the photos.) Tickets are available for purchase through the office.

### Great Human Race

Do you love to walk or to run but can't participate in the Great Strides Walk on May 28? Here is another option for you both to enjoy doing what you love and to raise money for CF at the same time. Join the Great Human Race on Saturday, May 6, 2006. It is a 3 km walk or an 8 km run. People in wheelchairs are able to participate too.

The race will be held at the University of Alberta Butterdome. The Edmonton CF Chapter is registered as a participating charity. You can get registration and pledge forms either from Emily at the CF office (466-2265) or by visiting the Race website at [www.GreatHumanRace.com](http://www.GreatHumanRace.com).

### Car Magnet Ribbons

Help spread awareness about CF and at the same time support research funding by purchasing one or more magnetic car ribbons. Stick them on your car, and you will be "on the job" with no effort at all every time you go to the mall parking lot. The cost of each magnetic ribbon is \$10.00. Please call the office at 466-2265 to place your order.



## Live Web Cast

The Canadian Cystic Fibrosis Foundation is pleased to announce it will be Web casting the :

Day for Adults with Cystic Fibrosis (9:00 am - 12:30 pm)  
and  
Medical/Scientific Conference Program (2:10 pm - 5:00 pm)

at its Annual Meeting and Conference on  
Saturday, April 29, 2006

The morning session will be available in English and the

afternoon medical panel will be available in both French and English. Visit the Foundation's Web site ([www.cysticfibrosis.ca](http://www.cysticfibrosis.ca)) prior to April 29 for further information and instructions.

Anyone not able to attend the Medical/Scientific Conference Program or the Day for Adults with CF will be able to connect remotely to these sessions via a link from our Web site. Individuals will be able to watch a live video of the speakers, and participate in the question and answer period following the presentations.

## Funding the Fight

Each time we invite individuals or corporations to assist us with a fundraiser, we remind them of our mission. We often use a statement such as the one below.

*The proceeds of this fundraiser will go towards helping finance the continuing fight against CF in the areas of scientific and medical research, clinic funding, and the ultimate goal, finding a cure or control for Cystic Fibrosis.*

Last year, with the funds raised by the Canadian Cystic Fibrosis Foundation including the Edmonton and Northern Alberta Chapter, we were able to support both research and the work of the CF clinics. The clinic grant in Edmonton was for \$92,582.00. The grant for research at the University of Alberta was for \$183,999.00.

## Clinic News

Congratulations to Dr Manisha Witmans on the birth of her daughter.

The Clinic held the annual SHARING CF RESEARCH evening to hear what is happening locally with CF Research. Presentations varied from lab researchers to clinic staff. Dr Joe Casey, who was funded by the CF Foundation presented on bicarbonate secretion and Andrew Martin about aerosols. The Vitamin K/ D, bone density pediatric study was presented by Dr P Zuberbuhler. Josette Salgado shared with us the results of the Vit K PIVKA study which reaffirmed to us that Vit K is lacking in normal subjects as well as CF persons. Josette also showed us a new device called eflow for inhalation that is quick and we look forward to it being available in Canada. 4 physiotherapy students presented on exercise in CF teenagers and we look forward to working with them in the months to come. Dr N Brown told us the outcomes of the Multiple Combination Bacterial Testing study and follow up predictor study. Joan Tabak finished the evening with a case presentation of CF and Mycobacterium Avium Complex. The comment at the end of the evening from some of the participants is CF is complicated and there are many aspects to look to for answers. Collaboration and sharing ideas assists everyone as we search for more effective treatment for cystic fibrosis. If you have questions about any of the presentation please talk to the clinic staff.

*Submitted by Joan Tabak for the CF Clinic*

## December Casino

Thirty-three faithful volunteers worked our scheduled December 19 and 20 casino. Thanks to the people listed below, our chapter raised a total of **\$85,117.07**, the highest amount we have ever earned with this fundraiser. We are awaiting notification about which quarter we will be able to work another one. If you are not on our list of casino volunteers, but would like to be, please call the office.

Marcia Zroback	Rodney Sherman	Doug Krefting
Joe Nimchuk	Bob Rennie	Sue Zukiwsky
Doug Milne	Jerry Gordon	Jim Mantle
David Hopkins	Linda Demers	Allan Bartman
Shirley McQuitty	Mary Sawchyn	Laura Krefting
Irene Serink	Chris Small	Terrill Buttrey
Pam Plourde	Don Bouclin	Kathy Mantle
Caroline Warren	Judy Quathamer	Kyle Zroback
Julie Hornig	Ted Zukiwsky	Marcel Fontaine
Eugenia Nimchuk	Vic Rudkowski	Melissa Freire
Larry Filipow	Paul Filipow	Vic Freire

## An Evening at the Citadel

The play presented at the Citadel Theatre on Saturday, March 25, was called "Trying". However, judging by the success of the whole evening with its private reception, silent auction, the play, and desserts afterwards, a lot more than "trying" had been going on. Julie Hornig and her planning committee had been "Doing". Thanks are due to the planning committee and to the many individuals and companies who donated reception items, auction items and doorprizes for the wonderful evening had by all in attendance.

## Also from the Clinic

Equipment Needed:

Anyone who has borrowed equipment from the Clinic office (compressors, percussors, flutters, etc.) please return them or call and speak with Joan. If you have equipment you would like to donate to the office that would be wonderful. We no longer have loaners so need to replace our supply for emergencies. Thank you.

## IMPORTANT NUMBERS, NAMES and ADDRESSES

### Edmonton and Northern Alberta CF Chapter:

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Tammy Turko  
Fundraising Coordinator  
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Emily Westwood  
Chapter Coordinator  
[ecfs@telus.net](mailto:ecfs@telus.net)

### CF Clinic:

University Hospital  
Phone: 407-6745  
Fax: 407-3112  
Medical Secretary - Yvonne Lysko

### Board Members:

President:	Caroline Warren
Past President:	Sue Zukiwsky
VP Fundraising:	Marcia Zroback
VP Publicity/Promotion:	Blain Davis
Secretary:	Salima Nurani
Treasurer:	Judy Quathamer
CF Adult Liaison:	** vacant **
CF Clinic Liaison:	Joan Tabak
Directors at Large:	Julie Hornig Patti Magnan Gerry Boehm
CF Kin Liaison:	Geoff Thornell
CF 65 Roses Liaison:	Jane Filipow
Volunteer Coordinator:	

Web Site: [www.cfedmonton.ca](http://www.cfedmonton.ca)  
[www.ccff.ca](http://www.ccff.ca)

### Newsletter Editor & Webmaster:

Karen Bateson Phone: 604-465-1357

## Did you know???

... that you can now receive an electronic tax-creditable receipt (e-receipt), almost instantly, when you make a donation to the CCFF through the Foundation's Web site.

More than 700 donations have been made online in 2005, as of December 12th, totaling more than \$70,000. The Foundation expects that the improved e-receipt option will positively impact the number of online contributions, as donors becomes more familiar with all of the electronic giving options, and decrease administrative costs related to issuing paper tax receipts.

Visit [www.cysticfibrosis.ca](http://www.cysticfibrosis.ca) and click on the 'How to Donate' icon, positioned on the left side of the CCFF home page. Four unique donation types are available to donors (single gift, monthly giving, gift in memory and gift in honour) and each comes with the option to receive an e-receipt.

## April 2006

Sun	Mon	Tues	Wed	Thur	Fri	Sat
						1
2	3	4 Board Meeting	5	6	7	8
9	10	11	12	13	14	15
16	17	18	19	20	21 Hockey Draft entry Deadline	22
23	24	25	26	27 Bingo	28	29
30						

## May 2006

Sun	Mon	Tues	Wed	Thur	Fri	Sat
	1 Mail Campaign	2 Board Meeting	3	4	5	6 Great Human Race
7	8	9	10	11	12 Mums for Moms	13 Mums for Moms
14 Mums for Moms	15	16	17	18	19	20
21	22	23	24	25	26	27
28 Great Strides	29	30	31			

## June 2006

Sun	Mon	Tues	Wed	Thur	Fri	Sat
				1	2	3
4	5	6 Board Meeting	7	8 Bingo	9	10
11	12	13	14	15	16	17
18	19	20	21	22	23	24 Motorcycle Run
25	26	27	28	29	30	31