

## January — March 2009 Issue 43

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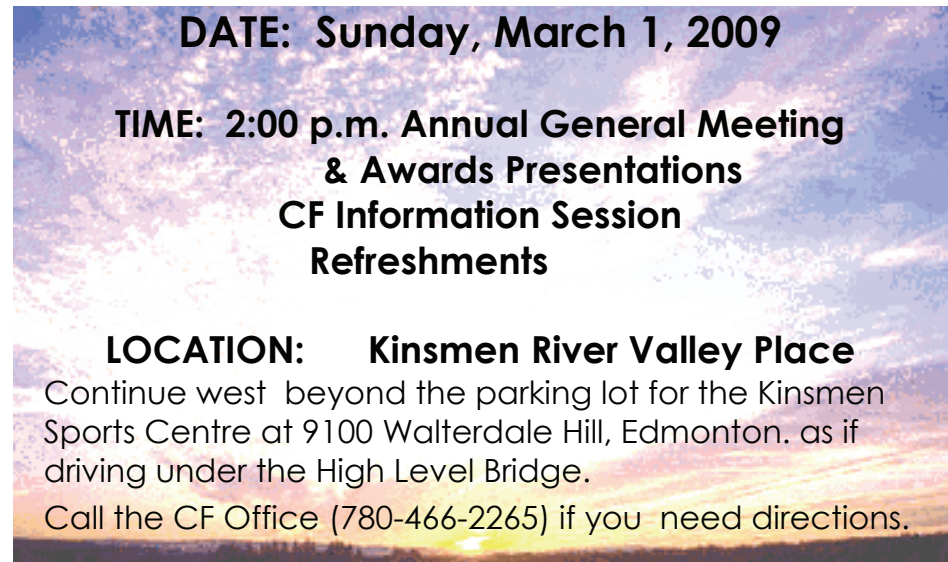
### BOARD OF DIRECTORS:

President	Allan Bartman
Past President	Caroline Warren
VP Fundraising	Patti Magnan
VP Publicity & Promotions	Charlene Keller
Secretary	Julie Mitchell
Treasurer	Carolyn Grono
CF Adult Director	Sherry Selby
CF Clinic Liaison	Joan Tabak
Director at Large	Scott Hanna
Director at Large	Jocelyn Gillis
CF Kin Liaison	Gerry Boehm
CF 65 Roses Liaison	Caroline Warren
Chapter Manager	Emily Westwood
Fundraising Coordinator	Kathy Irvine
Newsletter Editor	Patrick Lépine

## CF INFORMATION DAY & CHAPTER AGM

**Come hear the latest about cystic fibrosis.** Edmonton CF Clinic staff who attended the fall 2008 international CF conference will share some of the latest information. Conference sessions include "The Cystic Fibrosis Story: a story of progress, hope and challenge", "Preventing CF Lung disease", and "Newborn Screening."

**Come early** and learn about the work of your local CCFF Chapter, provide your input for future directions, and celebrate with us the dedication of the individuals being recognized with awards.



**DATE: Sunday, March 1, 2009**

**TIME: 2:00 p.m. Annual General Meeting & Awards Presentations  
CF Information Session  
Refreshments**

**LOCATION: Kinsmen River Valley Place**  
Continue west beyond the parking lot for the Kinsmen Sports Centre at 9100 Walterdale Hill, Edmonton. as if driving under the High Level Bridge.  
Call the CF Office (780-466-2265) if you need directions.

## REGISTERED DISABILITY SAVINGS PLAN

A Registered Disability Savings Plan (RDSP) delivered by the Canada Revenue Agency may be of interest to a few CF families. It helps parents and others save for the long-term financial security of a person with a severe disability. The Government of Canada has extended the

application period for the 2008 RDSP Grant and Bond through March 2, 2009. To find out more information, you can either follow the link on the CCFF website ([www.cysticfibrosis.ca](http://www.cysticfibrosis.ca)) or call the Canada Revenue Agency at 1-800-959-8281.



### Citie Ballet Presents Community Spirit Show

~ February 22, 2009 ~  
Tickets are \$20 Adult \$15  
Children & Seniors. This  
show will feature amazing  
dancers from studios  
around Edmonton as well  
as the awe of the  
Alberta Ballet dancers!



Get your tickets today by  
contacting the  
Edmonton and Northern  
Alberta CF Chapter.  
please visit our "Events"  
page for full details at  
[www.cfedmonton.ca](http://www.cfedmonton.ca).

Ready to order? Call  
780.466.2265  
and we will get your tickets  
in the mail

## DONATE YOUR OLD CAR FOR CF

Your old car can have new life!  
Throughout Canada,  
[www.CharityCars.ca](http://www.CharityCars.ca) will accept a  
donation of your old vehicle. Full value  
will be donated to the charity of your  
choice, Canadian Cystic Fibrosis  
Foundation, of course, and you'll  
receive a tax receipt. The organization  
1877 End of Life is dedicated to

ensuring that when a vehicle reaches the  
end of its useful life, it is disposed of in a  
way that is not only efficient and meets  
all legislated requirements, but  
contributes to the future stability of the  
environment. You can visit their website  
directly or you can get more information  
on the CCFF website [http://  
www.cysticfibrosis.ca/news.asp?id=493](http://www.cysticfibrosis.ca/news.asp?id=493).

A grant in 2008 from the  
Wild Rose Foundation has  
equipped the CF office with some  
much needed equipment includ-  
ing new desks, new computers  
with up-to-date software,  
t-shirts and vests for use by vol-  
unteers at events, easels for  
auction displays, and a portable  
speaker system. Thank you  
Wild Rose Foundation!



## PRESIDENT'S CORNER WITH ALAN BARTMAN

Christmas and the New Year have  
come and gone once again and we are  
well into another year.  
We have just wrapped up a couple of  
very successful fundraisers over the  
past few weeks, namely the 65 Roses  
Oilers Dinner and the CF Night at the  
Citadel. I was lucky enough to attend  
both. Once again the project chairs and  
their committees did a fabulous job.  
In the near future some of the other  
events being held in support of CF are  
"Community Spirit 09" by the Citie Ballet  
on February 22, the French Fling on  
February 27<sup>t</sup>, and the Kinette Club of  
Edmonton is hosting their annual CF  
night at Schanks on the West end on  
February 7. For more information on  
these please contact the chapter office.

On March 1 we will be holding the Chapter  
Annual General Meeting at River Valley  
Place (the Kinsmen clubhouse in the River  
Valley, near the Kinsmen Sports Center)  
and this year we will be incorporating our  
parent information session (formerly CF  
information night) – further details are  
included elsewhere in the newsletter.  
I would like to thank Emily and Kathy from  
the Chapter office for doing fabulous work  
to keep things going, and I would also like  
to thank all of the Board members for  
making my year as President a true joy.  
As I have mentioned in the past, the  
Edmonton and Northern Alberta Chapter  
has a great group of volunteers (and  
employees) who are dedicated to  
shortening the battle against Cystic  
Fibrosis, and we are succeeding.

## 65 ROSES FACE OFF WITH CF DINNER

A new name, a different venue, a new emcee and a different program! Ethan Moreau and Steve Staios joined over 100 people as we made some big changes to a time honored fundraiser. These two Edmonton Oilers and their families mingled with everyone in attendance – signing everything from programs to books, t-shirts to jerseys, sticks to gloves. They were very entertaining with our new “Ask the Players” segment – who would



Top: Ethan and Ornella Moreau at the Face off with CF Dinner.

Below: Chapter President Allan Bartman with his two daughters at the Faceoff with CF Dinner



have guessed that Ethan has hardly travelled and that Steve would probably own a store if he wasn't in the NHL? The silent auction table was popular with items such as housecleaning, I-pods, gift baskets and Oiler prints.

The night was capped off with some amazing live auction items including club seating at 3 Oiler games, and a one week vacation in Radium.

A huge thank-you to all our amazing sponsors, and to everyone that came out and supported the event! And a very special thank-you to the committee that helped pull it together!



### Edmonton Kinsmen Presents French Fling- A Wine Tasting Experience

~February 27, 2009 ~  
Tickets are \$45 each. Come out to enjoy hors d'oeuvres and 90+ French wines from 11 Regions of France. There will be a Live Auction and Silent Auction.  
Live Auction Features to date  
~Personal Wine Cooler w/ bottles of wine from around the world to start your collection~  
~Financial Health Audit valued at \$2499.00~

Visit our website for full details!!



Get your tickets today by contacting the Edmonton and Northern Alberta CF Chapter. please visit our "Events" page for full details at [www.cfedmonton.ca](http://www.cfedmonton.ca).

Ready to order? Call 780.466.2265 and we will get your tickets in the mail

## NEW EVENT TAKES SHAPE



*Chasing the future . . .*

CFar , the Cystic Fibrosis Amazing Race, will be launched August 22, 2009. It will be a human-powered race in Edmonton's river valley, downtown and Whyte Avenue area. Participants may cycle, run, walk, rollerblade, skateboard, etc. using the city's outstanding trail system to reach checkpoints where they will complete one or more mysteries, roaming, and/or mandatory challenges before moving on to the next checkpoint. There will be a post-race event featuring

a brief awards program for the racers, a benefit concert for both CFar racers and others, and a barbecue. The race will be limited to 200 racers in the first year with participants registered in 100 teams of two. The target audience for the benefit concert is 1000 people. We expect to need several dozen volunteers to help us make this an amazing event. Please mark your calendars for August 22, and let us know if you would like to help out.

**Chapter office:**

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Websites: [www.cfedmonton.ca](http://www.cfedmonton.ca)  
[www.ccff.ca](http://www.ccff.ca)

Clinic: University Hospital  
(780) 407-6745



Edmonton and Northern  
Alberta Chapter

**Calendar**

February 2009 – June 2009

- Feb. 7 - Schanks Night, sponsored the Edmonton Kinettes
- Feb. 10 - Chapter Board Meeting
- Feb. 13-16- Kin Corporate Cup (sponsored by Kinsmen Club of Edmonton)
- Feb. 22 - Community Citie Ballet – dance program
- Feb. 27 - French Fling, wine-tasting
- Mar. 1 - CF Information Day & Chapter AGM
- Mar. 3 - Chapter Board Meeting
- Mar. - Hockey Draft mailout
- Apr. 7 - Chapter Board Meeting
- Apr. 30 – May 1- National Annual General Meeting, P.E.I.
- May - Mail campaign mailout
- May 2 -Kin CF Day
- May 5 - Chapter Board Meeting
- May 31 -Great Strides Walk
- June 2 - Chapter Board Meeting
- June 7-8 - Casino
- June 20 - Ride for the Breath of Life Motorcycle Ride

## ROSE AND THORN GOLF TOURNAMENT DISCONTINUED



After much discussion with committee members, board members, and other volunteers, the Chapter Board voted at the January board meeting to discontinue the Rose and Thorn Mixed Classic. It was unanimously agreed that the tournament has run its course and it is time to look at throwing that support behind a new endeavour. The number of charity golf tournaments has grown over the years since we started this tournament as the 65 Roses Ladies Classic. Even turning the event into a mixed field of golfers didn't seem to bring out the crowds that we had hoped. While recent tourneys had great return, their success required a huge effort from the

committee including begging for golfers each year. The board thanks the committee for a superbly organized event, one which offered participants much more than just a round of golf! The Chapter has been busy planning a new event that is scheduled to take place this summer – CFar (Cystic Fibrosis Amazing Race) which we aim to make our signature event. Sue Zukiwsky and Donna Orton of the Rose & Thorn committee will look at contacting the Rose & Thorn sponsors with the hope of their donations continuing but through this new event. Thank you everyone who has supported the Golf Classic tournaments over the years.

## AN EVENING AT THE CITADEL

The 12<sup>th</sup> annual Evening at the Citadel, held Jan. 24, maintained its tradition of a wonderful evening of theatre, refreshments, and a very appealing auction. The theatre presentation was "Three Mo'Tenors" which featured three fabulous tenors singing an amazing variety of styles of music. As usual, this was preceded by a wine and cheese reception and followed by a Grand Marnier and dessert reception in the Tucker Amphitheatre. Tucker

Amphitheatre was also the location for the auction and the raffle of a 40"flat-panel Samsung TV. Following the conclusion of the play, guests sipped Grand Marnier, topped up their auction bids, and waited to hear their number drawn in the raffle. It was Rob Ashforth who took the TV home. Many thanks to Julie Hornig, her committee, and all the sponsors and guests. It was both a very enjoyable evening and another successful CF fundraiser.

## 2008 HOCKEY DRAFT OF HOPE

Probably every one of you is on the list of people receiving the Hockey Draft information package when it gets mailed out. If you aren't, but would like to be, please contact the CF office to get your name added before we do the mailout. The website for this event is [www.cfhockeydraft.ca](http://www.cfhockeydraft.ca). While the 2008 information needs to stay up a while longer, this is a good place to find out how this raffle works and to check out the cash prizes which range from \$500 to \$10,000.

## ORIGINAL JOE'S RUN FOR THE LUNG

Are you a *runner*? And a CF supporter? How about combining your two passions by helping with the planning of the 2009 Original Joe's Run for the Lung? This event is based out of the Terwillegar area Original Joe's Restaurant and Bar and runs in memory of Jessie McQuitty. The date has not yet been set for the 2009 run. If this event appeals to you, please contact Emily or Kathy at the CF office and they will get you connected with the planning committee.