

One in 25 Canadians carries a defective version of the gene responsible for cystic fibrosis.

In the 1960s, most children with cystic fibrosis did not live long enough to attend kindergarten. Today, half of all Canadians with the disease may be expected to live into their late thirties, and beyond.

Running Original Joe's annual 5 km Run for the Lung helps raise both money and awareness, ultimately leading to aid for those in need. Ask your server for details today.

Register at Original Joe's for **Sunday, August 29**, and enjoy a sunny Edmonton afternoon with neighbours and friends!



Canadian Cystic
Fibrosis Foundation



5
KM

**How far do you have to
run to help?**

**30 minutes and 5 km will help fight
the most common, fatal genetic
disease affecting young Canadians**

100% of all pledges are directly distributed to the Canadian Cystic Fibrosis Foundation

After the race all volunteers and participants will be treated to a delicious barbecue courtesy of Original Joe's!

Registration is easy: Once we have received your details and payment of \$40 you must use the provided pledge form your to raise a minimum of \$100 in paid pledges.

Bring your registration form with your pledges to Original Joe's in Terwillegger (2323 Rabbit Hill Road) on race day and plan for a great time!

WHERE

Original Joe's Terwillegger parking lot,
2323 Rabbit Hill Road

WHEN

Check-in, orientation 10:00 am

Pre-race warm up
with Infinite Fitness 10:45 am

Race runs 11:00 am

Post-race BBQ 12:00 pm

Sunday, August 29, 2010

Please fill out this registration form and return to any Original Joe's location with your \$40 registration fee :)

_____ FIRST NAME		_____ SURNAME	
_____ ADDRESS		_____ TELEPHONE	
_____ CITY	_____ PROVINCE	_____ POSTAL CODE	

T-SHIRT SIZE

S M L XL

T-SHIRT STYLE

MALE FEMALE

PAYMENT METHOD

CHEQUE CASH

VISA MASTERCARD AMEX

SIGNATURE _____

CARD NUMBER _____

EXP. _____

BY REGISTERING YOU AGREE TO THE FOLLOWING:

The personal information provided on this form shall be used by Original Joe's Annual Run for the Lung for the sole purpose of organizing and managing the event and for providing future information on this event as well as after events sponsored by or organized by Original Joe's Restaurant & Bar where the applicant has requested such information.

I acknowledge and agree that running in a road race is a potentially hazardous activity and that I should not enter and run unless I am medically able and properly trained. I also acknowledge that although traffic control will be provided there will be traffic on the course and accordingly I assume the risk of running in traffic. I also assume any and all other risks associated with running in the race including, but not limited to: slips, falls, contact with other participants, the effects of the weather, including rain and high heat and the condition of the roads, all such risks being acknowledged and appreciated by me. Acknowledging these facts, and in consideration of your accepting my entry, I hereby, for

myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and hereby waive, release and discharge Original Joe's Restaurant & Bar and all of its subsidiaries, co-ordinators, volunteers, officials, Sponsors, the City of Edmonton, the Edmonton Police Department and other participants in the race and all their agents, employees, assigns, or anyone else acting for or on their behalf (collectively, the "Indemnitees", from and against any and all claims for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of my participation in this Race other than as a result of the gross negligence of the Indemnitees. This Release and Waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. Applications for minors will be accepted only with the minor's and one of his/her parent's signature. I hereby grant full permission to Original Joe's Run for the Lung and/or its authorized agents, to use any photographs, video tapes, motion pictures, recordings or any other record of the Race and/or of me or my minor child as participant in this Race, for any legitimate purpose.