

**Services for Students with Disabilities**

**Phone (780) 492-3381**

**Web site [www.ualberta.ca](http://www.ualberta.ca)**

**Transplant Centre (Edmonton, Alberta)**

**Phone (780) 407-7359**

**Financial Support**

**Phone 310-0000, toll-free from within Alberta**

**Phone (780) 427-2711 outside Alberta**

**DRUG PLAN:**

For individuals with CF under 18 years of age, the provincial CF drug program covers antibiotics and enzymes. For other medications, vitamins and nutritional supplements, and for individuals over the age of 18, obtaining private insurance to cover the cost of medications is encouraged. Pulmozyme® is provided to individuals with CF under the Province Wide Services.

An option for those without supplementary coverage is the [Non-Group Prescription Drug Coverage](#), offered through Alberta Blue Cross. Under this plan, premiums are paid on a quarterly basis (single or family rate) and there is a co-payment of 30 per cent of the cost, to a maximum of \$25, for each drug prescribed. If a more expensive brand name drug is chosen instead of an equivalent generic drug, the additional cost must be paid.

Alberta Human Resources and Employment contracts with Alberta Blue Cross to offer health benefits, including prescription drugs for the following client groups:

- [Income Support](#), for Albertans who don't have the resources to meet their basic needs.
- [Alberta Adult Health Benefit](#), for Albertans who leave income support.
- [Assured Income for the Severely Handicapped](#) (AISH), for adults who have a permanent disability which severely affects their ability to earn a livelihood.
- [Alberta Child Health Benefit](#), for children of low-income families.

For general inquiries related to the Alberta Health Care Insurance Plan contact:

Telephone: 780-427-1432

Toll-free: 310-0000 then 780-427-1432

E-mail: [health.ahcipmail@gov.ab.ca](mailto:health.ahcipmail@gov.ab.ca).

For more information on Alberta Health and Wellness Prescription Drug Programs, and for links to the various programs listed above, visit:

Web site: [http://www.health.alberta.ca/ahcip/ahcip\\_prescription.html](http://www.health.alberta.ca/ahcip/ahcip_prescription.html).

**NUTRITIONAL SUPPLEMENTS:**

For children and adults with CF requiring enteral feeding, financial assistance may be provided through the [Home Enteral Nutrition Program \(Southern Alberta\)](#) or [Northern Home Nutrition Support Program](#) on referral through a CF physician. Monthly fees may be required. For more information contact the local CF clinic or visit:

Calgary Health - Home Enteral Nutrition Program (Southern Alberta):

<http://www.calgaryhealthregion.ca/henp/>

Capital Health – Northern Home Nutrition Support Program:

[http://www.capitalhealth.ca/ProgramsAndServices/BrowseServicesByAlpha/Content?IA\\_ID=7366](http://www.capitalhealth.ca/ProgramsAndServices/BrowseServicesByAlpha/Content?IA_ID=7366)

### **EQUIPMENT & OXYGEN:**

Some equipment, including oxygen may be available through the [Alberta Aids to Daily Living](#) (AADL) program for low or no cost. For more information contact:

#### **Alberta Aids to Daily Living**

10<sup>th</sup> Floor – Milner Building

10040 – 104 Street

Edmonton, Alberta T5J 0Z2

Telephone: 427-0731

Toll-free: 310-0000, then 780-427-0731

Web site: <http://www.seniors.gov.ab.ca/aadl/>

### **HEMECARE:**

Medically prescribed home nursing care and physiotherapy are provided under the Alberta Health Care Insurance Plan. Homemaker services are available. In cases of hardship, financial assistance may be provided through provincial social services programs. Contact the clinic coordinator (Edmonton) or the clinic social worker (Calgary) for details.

### **TRANSPLANT CENTRE:**

There is a transplant centre located in Edmonton, Alberta. CF candidates for double lung or heart-lung transplantation are referred to the transplant program by the CF clinic director or physician. This referral is based on a number of criteria as determined by the individual's health care providers, and the transplant team.

#### **Lung and Heart-Lung Transplant Program, University of Alberta**

112 Street and 84<sup>th</sup> Avenue

Edmonton, Alberta T6G 2B7

Telephone: 780-407-7559

Director: Dr. Dale Lien

Transplant Coordinators: Andrea Taskinan (pre-transplant)

Kathy Jackson (post-transplant)

Pam Brown

### **GENETIC COUNSELLING:**

Genetic counselling and testing is available at no charge to residents of Alberta on referral through a CF physician. Testing is funded by the Alberta Hereditary Diseases Program. Testing is available in Alberta at the following laboratories:

**Medical Genetics Clinic**  
**University of Alberta**  
853 Medical Sciences Building  
Edmonton, Alberta T6G 2B7  
Telephone: 780-407-7333  
Director: Dr. Steven Bamforth

**Medical Genetics**  
**Alberta Children's Hospital**  
820 Richmond Road SW  
Calgary, Alberta T2T 5C7  
Telephone: 403-943-7026  
Director: Dr. Peter Bridge

Alberta screens newborns for cystic fibrosis. Please refer to the Foundation's *Newborn Screening* brochure for further information.

### **SOCIAL SUPPORT:**

Contact the local CCFE chapter for details on any existing social support networks in the area. There are CCFE chapters in Calgary (Calgary and Southern Alberta), Red Deer (Central Alberta), and Edmonton (Edmonton and Northern Alberta). Please see the back of this book for a listing of all CCFE chapters across Canada.

The [Family Support for Children with Disabilities](#) (FSCD) program provides a range of support and services for children with disabilities and their families. It is a provincial program that is delivered regionally. A component of the program is the Child Disability Resource Link, a phone service which gives callers information about a wide range of government and community supports, services and resources.

#### **Family Support for Children with Disabilities**

Web site: <http://www.child.alberta.ca/home/591.cfm>

#### **Child Disability Resource Link**

Telephone: 1-866-346-4661

### **FINANCIAL & LIFESTYLE ASSISTANCE:**

[Alberta Works](#) is a program under the Ministry of Employment and Immigration. The goals of Alberta Works are to help unemployed people find and keep jobs, help employers meet their need for skilled workers, and help Albertans with low incomes cover their basic costs of living.

The program offers a variety of services including [Income Support](#), [Health Benefits](#) and [Financial Support for Training](#). Income Support provides financial benefits to individuals and families who do not have the resources to meet their basic needs, like food, clothing and shelter. Under the Health Benefits program, people who are eligible for income support receive health benefits for themselves and their dependants. Under the Financial Support program, tuition, books and supplies, and living allowance support may be available if you qualify as an eligible learner. For more information contact:

#### **Alberta Works Contact Centre**

Telephone: 780-644-5135 (Edmonton Area)

Toll free: 1-866-644-5135

E-mail: [iscc@gov.ab.ca](mailto:iscc@gov.ab.ca)

Web site: <http://employment.alberta.ca/cps/rde/xchg/hre/hs.xsl/3171.html>

The [Starlight Children's Foundation](#) operates nationally and provides services for seriously ill children and their families. The Starlight Foundation runs online programs that are available across the country including *Starbright World*, an online networking service for teens. Starlight runs their *Great Escapes* program for families, in the Calgary and Edmonton areas. For more information:

**Starlight Children's Foundation – Calgary Regional Office**

240 Stonegate Place

Airdrie, Alberta T4B 2P3

Telephone: 403-589-6169

Fax: 403-945-0703

Websites: [www.starlightcanada.org](http://www.starlightcanada.org)

[www.starbrightworld.org](http://www.starbrightworld.org)

E-mail: [Renee@starlightcanada.org](mailto:Renee@starlightcanada.org)

For information on any of the programs listed above, or other financial or support services, individuals should contact a CF clinic social worker. Also, refer to the list of nation-wide support services located on page 4 for further listings of organizations and programs.

**ADVOCACY/AFFIRMATIVE ACTION CENTRES:**

The CCFF [Adult CF Committee](#) and local CCFF Chapter Adult CF Liaisons work to bring concerns and issues regarding CF to the forefront, to collaborate with the CCFF on solutions to these issues, and to educate the public and local authorities about cystic fibrosis. For more information, contact your local ACFC representative (listing at the end of this publication) or Chapter Adult CF Liaison (contact information available through local chapters).

The [Alberta Civil Liberties Research Centre](#) provides information, teaching, and materials, as well as conducts research on civil liberties and human right issues concerning Albertans. The Research Centre does not engage in advocacy, but is a good informational resource.

**Alberta Civil Liberties Research Centre**

University of Calgary

c/o Faculty of Law

2500 University Drive N.W.

Calgary, Alberta T2N 1N4

Telephone: 403-220-2505

Fax: 403-284-0945

E-mail: [aclrc@calcna.ab.ca](mailto:aclrc@calcna.ab.ca)

Web site: <http://www.aclrc.com>

The [Alberta Human Rights and Citizenship Commission](#) is an independent commission of the Government of Alberta that works to protect human rights and promote access and fairness. The commission also provides resources and contact information of other organizations with similar goals.

**Alberta Human Rights and Citizenship Commission**

Standard Life Centre, 8<sup>th</sup> Floor

10405 Jasper Avenue

Edmonton, Alberta T5J 4R7  
Telephone: 780-427-7661  
E-mail: [humanrights@gov.ab.ca](mailto:humanrights@gov.ab.ca)  
Web site: <http://www.albertahumanrights.ab.ca>

The [Alberta Committee for Citizens with Disabilities](#) (ACCD) is a consumer-directed organization that actively promotes full participation in society for Albertans with disabilities; it does this through public education, research and policy analysis, funding (including scholarships and bursaries) and more.

**Alberta Committee for Citizens with Disabilities**

#707 Princeton Place  
10339-124 Street  
Edmonton, Alberta T5N 3W1  
Telephone: 780-488-9088  
Toll-free: 800-387 2514  
E-mail: [accd@accd.net](mailto:accd@accd.net)  
Web site: <http://www.accd.net/>

The [Alberta Disabilities Forum](#) (ADF) is a coalition of 41 not-for-profit provincial disability organizations whose members speak with a unified voice on cross-disability issues of concern for Albertans with disabilities.

**Alberta Disabilities Forum**

#707, 10339-124 Street  
Edmonton, Alberta T5K 1Z8  
Telephone: 780-488-9088  
Email: [melita@accd.net](mailto:melita@accd.net)  
Web: <http://www.adforum.ca>

The [Premiers Council on the Status of Persons with Disabilities](#) aims to represent the voices of people with disabilities from all over Alberta. The council is made up of volunteer members who work to listen to the concern of those with disabilities, and to improve the lives of these individuals.

**Premier's Council on the Status of Persons with Disabilities (liaison)**

11<sup>th</sup> Floor, HSBC Building  
10055 -106 Street  
Edmonton, Alberta T5J 1G3  
Telephone: 780-422-1095  
Toll Free 1-800-272-8841  
E-mail: [pcspd@gov.ab.ca](mailto:pcspd@gov.ab.ca)  
Web site: <http://www.premierscouncil.ab.ca>